

# Moldovan Student Sponsorship Newsletter

Edited by Marcy McHenry  
sponsorship@carolinaadoption.org



## SELF MOTIVATION

by Angela Arhip

March 18, 2014  
Volume 1, Issue 11

### Inside this issue:

Self Motivation	1-2
Student sponsorship news	3

It's the beginning of year, it's the beginning of a new season and it's Martisor – which symbolizes new and pure life, new aspirations and new realizations. Could all these be obtained without motivation, especially self-motivation?

Self-motivation was our topic for this quarter's meeting. I chose this theme for several reasons. One of them has already been mentioned; the other ones will be discovered and better grasped throughout this article.

The beginning of the year is perfect to think about future achievements. Self-motivation is defined by the desire to achieve, by initiative, commitment and optimism. Unfortunately, many times aspiration is not success and attempt is nothing more than a failure. We are stuck in a vicious circle and no way to get out of it. For many of us, it's a good reason to breed pessimism, holdup and renunciation, for others on the contrary it's a very important impulse in self motivating and working harder to have triumphs. If for the first category, failure can create a vicious circle, then for the second one failure is the right tool in creating a *virtuous* circle.

Our aim today was to explain and prove students that self motivation easily changes the **vicious** circle into the **virtuous** one. So, the vicious circle of failure is: action - bad results - adjustments - other bad results - analysis - abandonment. But the correct intervention in the vicious circle can turn into a virtuous circle. It does not only lead to success, it helps to make a victorious leap up to the next level of experience and learning and the new goal is approached with strong new prospects. What you should know about these two circles is that there is not one without the other. You cannot enter the virtuous circle until you have made a "tour" throughout the vicious circle.

You begin to realize how failure or crisis affects not only the desire to achieve, but even the prospect of challenge. Yesterday's target today seems almost as utopian for you. However, as human beings, we have proven to ourselves often that we can get through hardships, unexpectedly find solutions, and overthrow seemingly impossible situations. So, why not do this every time? Pay attention to how you feel and do not let resignation, disappointment or feeling of defeat dictate how successful you will be next. The correct self motivation is a perfect way leading to success.

### Dear Sponsors

- *NOTE: New suite number for Carolina Adoption Services!*

## SELF MOTIVATION continued

---

If some of our students are in the process of understanding this statement, others have already collected the first fruits of success. Jazgul Orozova is one of them. Although she had moments in life when pessimism shadowed her dreams and thoughts, she did her best to overpass them and continue her way to realizations. Self-motivation helped her graduate successfully from college and apply to the university. After studying two years at one of the universities in Moldova, she decided to apply to a university in the US. In fact she applied to two universities and she chose Lipscomb University from Tennessee. In August of 2014, she will fly to US. A new stage will begin in her life; new people, new culture, new changes and dilemmas, and she is determined to move forward and attain her goals. She shared her joy with her program mates and encouraged them to fight for what they want and follow her example.

Natalia Berejnaia is another student who, guided by self motivation, is going to make a big transition in her life. Besides studies, Natalia has attended the dances. In fact, acting and dancing have always been her dreams and finally this year she was offered the chance to realize them. On March 2, she flew to Coreea to work as an animator. The contract is for 10 months.

It is very difficult for me to separate from such responsible and wonderful students. I care for them a lot and I'm concerned how they will face the troubles in that new world. But I hope that they will recall our advice, life lessons and guidance and will survive the hardships. On the other hand, I'm glad that they know to require more from life and respectively offer more. As Jazgul said through tears "Unfortunately as a child and teenager, I was deprived of many things, I felt the lack of the necessary and I want to change this; I want to create a family and offer my child another life, very different from mine.... The lack is not born; it could be filled up..." Two more students of our program are planning to go to US through the program "Work and Travel". It is a summer project and they'll spend the 3 summer months there. They do this because self confidence and self motivation pointed out to them that life is full of possibilities and they need to take a chance.

We wish them all the best and hope that they will remember that "Failing is another stepping stone to greatness." - *Oprah Winfrey*. The process of learning from our mistakes is truly invaluable, and is something we need to run toward, not run away from.

Jazgul and Natalia



## Student Sponsorship news



Students at recent luncheon

### STUDENT NEWS

1. **Ion Terna** - On February 28, he participated at the Republican Championship and won the 1st place. Now, he is preparing for the European championship which will take place in Israel in April 2014.
2. **Oxana Gutu** – on March 1<sup>st</sup>, she sang at Artico, a volunteering center. On February 25, together with the College Orchestra, Oxana was invited at a radio station.
3. **Mihai Galbura** – is involved in the Martisor Festival.