

## **Fetal Alcohol Syndrome (FAS) & Fetal Alcohol Effect (FAE)**

*The following sources of information are intended to aid families in their search to better understand FAS and FAE.*

### **Books:**

- Fantastic Antone succeeds! : Experiences in Educating Children with Fetal Alcohol Syndrome Edited by Judith Kleinfeld & Siobhan Wescott, 1993. This book is about successes, large and small, which are important to the lives of fantastic young people with FAS. It is about strategies for handling the problems of fetal alcohol syndrome worked out by parents, teachers, social workers, and the children themselves.  
Order from: University of Alaska Press, 1st floor Gruening Bldg.- UAF, Fairbanks, Alaska 99775-1580. USA, (907)474-6389
- The Broken Cord. Written by Michael Dorris, 1989. This is a story by a father about his adopted son, Adam, who has fetal alcohol syndrome.  
Order from: Harper & Row, Publishers, 10 East 53rd St., New York, NY 10022.
- Bruised Before Birth: parenting children exposed to parental substance abuse. Publication addresses the needs of children through adolescence.  
Order from: Family Resources, 1521 Foxhollow Rd., Greensboro, NC 27410
- FAS/FAE: A Practical Guide for Parents. Written by Jim Slinn, 1994. This booklet is filled with helpful hints for parents of children with FAS/FAE. The information is based on the author's own experiences and information he has gathered from working with his two adopted children with FAS.  
Order from: Jim Slinn, Parents Resource Network, 540 West International Airport Rd., Anchorage, Alaska 99518-1110; (907)564-7489.
- Children with Fetal Alcohol Syndrome / A Handbook for Caregivers  
This handbook provides answers to commonly asked questions about children afflicted with FAS/FAE, information regarding FAS/FAE, and suggests practical working strategies for caregivers of children with FAS/FAE.  
Order from: H~A, Publications, 336 N. Robert Street, #1520, Saint Paul, MN 55101.  
(800)736-8967

### **Newsletters:**

- Growing with FAS. Pamela Groves, editor. A Bimonthly newsletter containing a variety of helpful information for parents of individuals with FAS/FAE or professionals.  
Address: Growing with FAS - 7802 SE Taylor - Portland, Oregon 97215
- Notes from NOFAS - The National Organization on Fetal Alcohol Syndrome. Cynthia Richardson, editor. This quarterly newsletter is available from the organization.  
Address: 1815 H Street, NW - Suite 170 - Washington, DC 20006.

**Videos:**

- Various videos available: What is FAS?, Preventing FAS?, Fetal Alcohol Syndrome and Effect: What's the Difference?, Training tapes for living with FAS & FAE.  
Order from: Altschul Group, 1560 Sherman Ave., Ste 100, Evanston, IL 60201,  
(800)421-2363: contact regarding free previews or rentals.

**Web Resources:**

- FASLINK is a listserv that claims to average 30 messages a day and describes itself as "a discussion and support forum for people and parents of children with Fetal Alcohol Syndrome." To access FASLINK, open your net browser and enter the following web address <http://www.outlookmagazine.com/resources/maillinglist/faslink.html>
- Family Village, "a global community that integrates information, resources, and communication opportunities on the Internet," provides both a Web board (names the Post Office) and a Discussion and Chat area for people with disabilities and their families. To reach the Family Village home page, open your net browser and enter the following web address <http://www.familyvillage.wisc.edu/>

***For more information please contact the following agencies:***

National Organization on Fetal Alcohol Syndrome (NOFAS)  
189 H Street NW-Suite 750- Washington, DC 20006  
Phone: (202)785-4585 Fax: (202)466-6456 Email: [nofas@erols.com](mailto:nofas@erols.com)  
or visit their website <http://www.nofas.org>

FAS Family Resource Institute  
PO Box 2525 - Lynnwood, WA 98036 Phone: (253)531-2878

Family Empowerment Network  
University of Wisconsin - Madison, 610 Langdon St.- Room 522 - Madison, WI 53703  
1-800-462-5254